

# Integrin Targeting and Toxicological Assessment of Peptide-Conjugated Liposome Delivery Systems to Activated Endothelial Cells

**Citation for published version:**

Kermanizadeh, A, Villadsen, K, Østrem, RG, Jensen, KJ, Møller, P & Loft, S 2017, 'Integrin Targeting and Toxicological Assessment of Peptide-Conjugated Liposome Delivery Systems to Activated Endothelial Cells', *Basic and Clinical Pharmacology and Toxicology*, vol. 120, no. 4, pp. 380-389.  
<https://doi.org/10.1111/bcpt.12692>

**Digital Object Identifier (DOI):**

[10.1111/bcpt.12692](https://doi.org/10.1111/bcpt.12692)

**Link:**

[Link to publication record in Heriot-Watt Research Portal](#)

**Document Version:**

Peer reviewed version

**Published In:**

Basic and Clinical Pharmacology and Toxicology

**Publisher Rights Statement:**

This is the accepted version of the following article: Kermanizadeh, A., Villadsen, K., Østrem, R., Jensen, K., Møller, P. and Loft, S. (2017). Integrin Targeting and Toxicological Assessment of Peptide-Conjugated Liposome Delivery Systems to Activated Endothelial Cells. *Basic & Clinical Pharmacology & Toxicology*, 120(4), pp.380-389., which has been published in final form at <https://doi.org/10.1111/bcpt.12692>. This article may be used for non-commercial purposes in accordance with the Wiley Self-Archiving Policy [[olabout.wiley.com/WileyCDA/Section/id-820227.html](http://olabout.wiley.com/WileyCDA/Section/id-820227.html)].

**General rights**

Copyright for the publications made accessible via Heriot-Watt Research Portal is retained by the author(s) and / or other copyright owners and it is a condition of accessing these publications that users recognise and abide by the legal requirements associated with these rights.

**Take down policy**

Heriot-Watt University has made every reasonable effort to ensure that the content in Heriot-Watt Research Portal complies with UK legislation. If you believe that the public display of this file breaches copyright please contact [open.access@hw.ac.uk](mailto:open.access@hw.ac.uk) providing details, and we will remove access to the work immediately and investigate your claim.

1    **Integrin targeting and toxicological assessment of peptide-conjugated liposome delivery**  
2    **systems to activated endothelial cells**

3  
4  
5    Ali Kermanizadeh<sup>1</sup>, Klaus Villadsen<sup>2</sup>, Ragnhild G. Østrem<sup>3</sup>, Knud J. Jensen<sup>2</sup>, Peter Møller<sup>1</sup> and  
6    Steffen Loft<sup>1</sup>

7  
8    <sup>1</sup>University of Copenhagen, Department of Public Health, Section of Environmental Health,  
9    Copenhagen, Denmark, <sup>2</sup>University of Copenhagen, Biomolecular Nanoscale Engineering Center  
10    (BioNEC), Department of Chemistry, Copenhagen, Denmark, <sup>3</sup>Technical University of Denmark,  
11    Colloids and Biological Interfaces Group, Department of Micro- and Nanotechnology, Center for  
12    Nanomedicine and Theranostics, Lyngby, Denmark

13  
14  
15  
16    Author for correspondence: Peter Møller, University of Copenhagen, Department of Public Health,  
17    Section of Environmental Health, Øster Farimagsgade 5A, Copenhagen, 1014, Denmark  
18    e-mail: [pemo@sund.ku.dk](mailto:pemo@sund.ku.dk)

19  
20    **Running title:** Integrin targeting of peptide modified liposomes

## 21    **Abstract**

22

23    Utilisation of functionalized liposomes as the means of targeted delivery of therapeutics may  
24    enhance specific transport of biologically active drugs to target tissues, while avoiding or reducing  
25    undesired side-effects. In the present investigation, peptide-conjugated cationic liposomes were  
26    constructed with the aim of targeting integrins (i.e. vitronectin and/or fibronectin receptors) on  
27    activated endothelial cells. The peptide-conjugated liposomes induced only cytotoxicity at the  
28    highest concentration in non-activated or activated endothelial cells, as well as in co-culture of  
29    endothelial cells and macrophages. There was unaltered secretion of cytokines following exposure  
30    of peptide-conjugated liposomes to endothelial cells, indicating that the materials were not  
31    inflammogenic. Liposomes with a peptide targeting the fibronectin receptor (integrin  $\alpha 5\beta 1$ ) were  
32    more effective in targeting of activated endothelial cells, as compared to a liposome with a peptide  
33    that targeted both the fibronectin and vitronectin receptors, as well as liposomes with a control  
34    peptide. The liposome targeted to the fibronectin receptor also displayed uptake in endothelial cells  
35    in co-culture with activated macrophages. Therefore, this study demonstrates the feasibility of  
36    constructing a peptide-conjugated cationic liposome, which displays targeting to activated  
37    endothelial cells at concentrations that are not cytotoxic or inflammogenic to the cells.

38

## 39    **Introduction**

40    Liposomes are artificial vesicles made of an aqueous core surrounded by a lipid bilayer [1]. These  
41    vesicles have been designed and utilised as delivery vehicles for drugs, genetic material and  
42    imaging agents for parental administration [2]. The encapsulation of the cargo into the liposomes  
43    can protect the drug against metabolic transformation, enable transport across biological barriers,  
44    and control the release in target tissues, hence the subsequent alleviation of side effects associated  
45    with drug. Due to their small size, charge and the possibility for modification and inclusion of  
46    targeting moieties, liposomes can be ideal candidates for improved targeting and delivery to the  
47    target tissue [3]. Indeed, liposomes can accommodate a wide range of specific adhesion molecules  
48    and polymers on their surface, which can aid adhesion to vascular cells [4-8]. Furthermore, it has  
49    been demonstrated that liposomes exhibit enhanced permeability and retention in certain areas of  
50    the vasculature, which suggests that it is possible to influence the distribution of liposomes in the  
51    cardiovascular system [9].

52    Endothelial cells line all blood vessels and regulate the flow of nutrients, biologically active  
53    molecules and an array of leukocytes. This role of the endothelium is governed through membrane-  
54    bound receptors, lipid transporting particles, hormones and proteins that govern cell-cell and cell-  
55    matrix interactions [10]. Integrins (i.e.  $\alpha v$  integrins) on the endothelial cells bind to extracellular  
56    matrix proteins and other adhesion receptors on neighbouring cells. The integrins on the surface of a  
57    cell will determine whether it can adhere to and/or survive in a particular microenvironment,  
58    therefore the matching of integrins and ligands play a key role in the regulation of the sprouting  
59    ability of endothelial cells during angiogenesis and localization of leukocytes to sites of tissue  
60    inflammation. The peptide sequences arginine-glycine-aspartic acid (RGD) and C16Y  
61    (DFKLFAVYIKYR) have been identified as ligands for interaction and binding of integrins  $\alpha v \beta 3$ ,  
62     $\alpha v \beta 5$  and  $\alpha 5 \beta 1$ . The usefulness of these sequences has been exploited as drug delivering systems to

target specific cell types [11-14]. The challenge is to attach a short peptide to liposomes that specifically target the cell type in question for therapy. The integrin  $\alpha 5 \beta 1$  (fibronectin receptor) and  $\alpha v \beta 3$  (vitronectin receptor) are typically expressed on endothelial cells, although the number of receptors depends on the type of endothelial cells. For instance, the fibronectin receptor is much more abundant on primary human umbilical vein endothelial cells (HUVECs) than the vitronectin receptor [15, 16]. The vitronectin receptor is abundantly expressed on angiogenic endothelial cells in remodelling and pathological tissues as compared to the expression in normal quiescent endothelial cells [17]. The vitronectin and fibronectin receptors are ubiquitous integrins, playing an important role in a diverse range of biologic processes including cell migration, tumour invasion, angiogenesis and immune responsiveness [18-21].

To date, very few studies have designed stable, novel peptide-conjugated liposomes for potential cardiovascular disease therapy (with negligible adverse immunogenic capacity as well as enhanced targeting ability). In the present investigation, we investigated the targeting and toxicity of cationic liposomes with functionalization to target integrins on activated endothelial cells. We assessed differences in targeting and toxicity in endothelial cells that were in normal state and after insults such as local inflammation and early atherosclerotic lesions: 1) quiescent endothelial cells, 2) endothelial cells activated by lipopolysaccharide (LPS), 3) activated cells with presence of immune cells (e.g. activated macrophages or foam cells). The co-culture model was utilized to mimic the inflammatory response when phagocytes (predominantly macrophages) increase adhesiveness to the endothelium, secrete inflammatory soluble proteins and produce reactive oxygen species. Activated macrophages engulf materials through binding to scavenger receptors. Thus, they may compete with endothelial cells with regards to uptake of peptide-modified liposomes.

85

## 86 **Materials and methods**

87 *Synthesis of unconjugated liposomes*

88 The lipids 1,2-dioleoyl-sn-glycero-3-phosphocholine (DOPC) (Avanti Polar Lipids Inc., Alabaster,  
89 AL, USA) and N-[1-(2,3-dioleoyloxy)propyl]-N,N,N-trimethylammonium methyl-sulfate (DOTAP)  
90 (Avanti Polar Lipids Inc., Alabaster, AL, USA) (molar ratio - 9:1) were dissolved in chloroform and  
91 thoroughly mixed in a glass vial. The solution was allowed to dry under vacuum for 2 hr in order  
92 for a lipid film to form on the glass and to ensure the complete removal of chloroform. The  
93 unconjugated liposomes were rehydrated carefully by the addition of phosphate buffered saline  
94 (PBS), for a final lipid concentration of 1 mg/ml. The mixture was incubated unstirred overnight at  
95 room temperature. The following day, the unconjugated liposomes were subjected to ten freeze-  
96 thaw cycles to minimize multi-lamellarity by immersion in liquid nitrogen, followed by thawing in  
97 40°C water bath. The liposomes were sequentially extruded through two stacked polycarbonate  
98 filters with pore sizes of 50 nm (Mini-extruder - Avanti Polar Lipids Inc., Alabaster, AL, USA),  
99 before being stored at 4°C until use.

100

101 *Peptide design and synthesis*

102 The lipidated peptides for targeting integrins were assembled by solid-phase peptide synthesis  
103 (SPPS) using amino acids carrying an N $\alpha$ -9-fluorenylmethyloxy carbonyl (Fmoc) protecting group  
104 (see Supplementary Information). The lipid chain was introduced by on-resin modification of a C-  
105 terminal Lys (fig. 1). This Lys residue was incorporated with a allyloxycarbonyl (Alloc) side-chain  
106 protecting group, as Fmoc-Lys(Alloc)-OH. After assembly of the linear sequence, the Alloc  
107 protecting group was selectively removed, while the other protecting groups remained intact. The  
108 free Lys side-chain amine was acylated with palmitic acid to ensure optimal anchoring to the  
109 liposome surface. Next, the N-terminal Fmoc protecting group was removed and the N-terminal

110 amine tagged by amide bond formation with an ATTO465 fluorophore for *in vitro* fluorescent  
111 detection. Finally, the peptides were deprotected and released from the support.

112 Peptides **2** and **3** were designed to target integrins  $\alpha v\beta 3$ ,  $\alpha v\beta 5$  and/or  $\alpha 5\beta 1$  on endothelial cells  
113 while peptide **1** was designed as randomized control sequence of amino acids (fig. 2).

114

#### 115 *Preparation of the peptide-conjugated liposomes*

116 The three different peptides were added to the liposomes (1:5 weight ratio) in PBS and incubated  
117 unstirred overnight at room temperature in containers that were wrapped in tinfoil to avoid contact  
118 with light. Peptide-conjugated liposomes were then separated from unbound peptides using a PD-10  
119 desalting column according to manufacturer's instructions (GE Healthcare, Brøndby, Denmark).

120

#### 121 *Characterisation of unconjugated liposomes*

122 The hydrodynamic size distributions of the unconjugated liposomes dispersed in filtered water, PBS  
123 or complete cell culture medium was determined in the 10-50  $\mu\text{g/ml}$  concentration range by  
124 Nanoparticle Tracking Analysis (Nanosight LM20, UK). The zeta potential of the liposomes in PBS  
125 were measured in a standard Malvern disposable folded capillary cells in a Zetasizer nano ZS with  
126 Malvern version 6.20 Software. A limulus amoebocyte lysate (LAL) Pyrogen™ Plus assay (Lonza,  
127 Basel, Switzerland) was utilised to test for possible endotoxin contaminations of the liposomes. The  
128 kit was used according to the manufacturer's guidelines.

129

#### 130 *Cell culture and liposome treatment*

131 Primary HUVECs (Cell Applications, San Diego, CA, USA) were cultured in T75 flasks in  
132 endothelial cell growth medium (Cell Applications, San Diego, CA, USA). All incubations were  
133 carried out at 37°C and 5% CO<sub>2</sub>. The cells were utilised between passages 2-10 as they retain

134 morphologic and phenotypic characteristics of endothelial cells. THP-1 monocytes (American Type  
135 Culture Collection, Manassas, VA, USA) were cultured in Roswell Park Memorial Institute (RPMI)  
136 medium (Gibco, The Netherlands) supplemented with 10% foetal bovine serum (FBS) (Gibco, The  
137 Netherlands), 2 mM L-glutamine and 100 U/ml Penicillin/Streptomycin (Sigma, UK).

138 The HUVECs were activated utilising 2 µg/ml of *Escherichia coli* LPS for 2 hr (serotype O26:B26,  
139 Sigma, UK). In the co-culture model, the HUVECs and THP-1 cells (4:1 ratio) were cultured in  
140 complete HUVEC medium supplemented with 10 ng/ml of phorbol 12-myristate 13-acetate (PMA)  
141 (Sigma, UK) 24 hr before the addition of LPS for 2 hr [22]. The cells were rinsed in PBS and  
142 subsequently treated with liposomes.

143 The cell cultures were exposed to liposomes in a concentration range between 0.61 and 312.5  
144 µg/cm<sup>2</sup> (equivalent to 2-1000 µg/ml).

145

146 *WST-1 cell viability assay*

147 The cells (all three different cultures - non-activated HUVECs, activated HUVECs and  
148 HUVECs/macrophage co-culture) were seeded in 96 well plates (10<sup>4</sup> cells per well in 100 µl of the  
149 cell culture medium) and incubated for 24 hr before they were exposed to the liposomes for 24 hr.  
150 The first 24 hr incubation period was used to avoid a seeding effect in the cells and the subsequent  
151 24 hr period is a standardized incubation for measurement of cytotoxicity with the WST-1 assay.  
152 Subsequent to treatment with peptide-conjugated liposomes, cell supernatants were collected and  
153 frozen at -80°C and later used for soluble protein measurements. The plates were incubated with 10  
154 µl of the WST-1 cell proliferation reagent (Roche, USA) and 90 µl of fresh medium for 1 hr at 37°C  
155 and 5% CO<sub>2</sub>. The supernatant was transferred to a fresh plate and the absorbance was measured by  
156 spectrophotometry at 450 nm (the supernatants transfer into fresh plates was carried out to reduce  
157 the potential interference with materials during the measurements).



158

159 *Peptide-conjugated liposome-induced inflammatory response*

160 After exposure, the cell culture supernatants were collected and stored at -80°C. The concentrations  
161 of interleukin (IL) 1 $\beta$ , IL6, intercellular adhesion molecule-1 (ICAM-1), vascular cell adhesion  
162 molecule-1 (VCAM-1), macrophage inflammatory protein-1 $\alpha$  (MIP-1 $\alpha$ ), tumour necrosis factor- $\alpha$   
163 (TNF- $\alpha$ ) and granulocyte-colony stimulating factor (G-CSF) supernatants were determined with  
164 BD<sup>TM</sup> Cytometric Bead Array cytokine flex sets (bead based immunoassay; BD Biosciences, USA).  
165 Flow cytometry was utilised to discriminate between different bead populations based on size and  
166 fluorescence, according to the manufacturer's instructions. The flex sets employ microparticles with  
167 distinct fluorescence intensities to detect soluble analytes (in this case cytokines/chemokines). In  
168 these experiments no positive control was included as we do not have a compound that increases the  
169 entire set of markers in both THP-1 cells and HUVECs. LPS exposure only increases the secretion  
170 of some cytokines and it is not the same concentration that produces a maximal response of  
171 different cytokines (unpublished observations). We have regarded the substantial difference in  
172 cytokine release between the non-activated HUVECs, activated HUVECs and co-culture as  
173 sufficient evidence of ability of the flex sets to determine concentration-response relationships in  
174 cultured cells.

175

176 *Liposome uptake - fluorescent microscopy*

177 The cells were seeded in 8 well microscopy chambers (Ibidi, Germany) (10<sup>4</sup> cells per well in 200  $\mu$ l  
178 of the cell culture medium) and incubated for 24 hr at 37°C and 5% CO<sub>2</sub>. The cells were exposed to  
179 PMA and/or LPS as previously described. The cells were exposed to the different peptide-  
180 conjugated liposomes for 2 hr (7.8, 15.6 and 31.25  $\mu$ g/cm<sup>2</sup>). Following liposome exposure, the cells  
181 were washed thoroughly with PBS and observed under a Leica AF6000 inverted wide-field

182 fluorescence microscope (Leica, Germany). The 2 hr exposure period for the microscopic uptake  
183 studies was based on preliminary data from time-course experiments utilising liposomes with  
184 similar physico-chemical characteristics (unpublished data) and previously published work with  
185 gold nanoparticles [23, 24]. The experiments were carried out on three different days; only  
186 representative images of  $15.6 \mu\text{g}/\text{cm}^2$  are shown in the paper.

187

#### 188 *Flow cytometric analysis of cell-associated fluorescence*

189 Following a 2 hr peptide-conjugated liposome treatment ( $15.6 \mu\text{g}/\text{cm}^2$ ), cell cultures (as described  
190 above) ( $10^6$  cells per well) were washed three times and detached using trypsin/EDTA. The cells  
191 were centrifugated and re-suspended in 200  $\mu\text{l}$  of PBS and analysed by flow cytometry using an  
192 Accuri C6 flow cytometer (Becton Dickinson, USA). The results are reported as the mean  
193 fluorescence from  $10^4$  cells, which were analysed in each flow cytometry analysis.

194

#### 195 *Semi-quantification of cellular uptake*

196 The cells (all three different cultures) were seeded in 96 well plates ( $10^4$  cells per well in 100  $\mu\text{l}$  of  
197 the cell culture medium) and incubated for 24 hr at  $37^\circ\text{C}$  and 5%  $\text{CO}_2$ . The following day the cells  
198 were exposed to the different peptide-conjugated liposomes ( $15.6 \mu\text{g}/\text{cm}^2$ ) for 2 or 6 hr at  $37^\circ\text{C}$  and  
199 5%  $\text{CO}_2$ . The supernatant from each well was transferred to opaque plates and the fluorescence was  
200 measured (Fluoroskan Ascent FL Microplate Fluorometer and Luminometer, Thermo Scientific,  
201 USA).

202

#### 203 *Statistical analysis*

204 All data are expressed as mean  $\pm$  standard error of the mean (SEM). For statistical analysis, the  
205 experimental results were compared to their corresponding control values using full-factorial

206 ANOVA with Tukey's multiple comparison. All statistical analysis was carried out utilizing  
207 Minitab 17. All experiments were repeated independently on at least three separate occasions.

208

## 209 **Results**

### 210 *Liposome characterisation*

211 The particle sizes of the unconjugated liposomes were determined in filtered water, PBS and the  
212 HUVEC complete medium (table 1). Representative examples of the particle size distribution are  
213 provided in supplementary figure 1. The data demonstrated that there was only a slight tendency for  
214 the unconjugated liposomes to agglomerate over a 3 month period. In keeping with previous  
215 observations on other types of particles [25, 26], particle sizes were larger in HUVEC medium as  
216 compared to water or PBS. The HUVEC medium contains serum proteins of different sizes, which  
217 may cause agglomeration of liposomes or affect the readings in the Nanosight analysis.

218 No endotoxin contamination ( $\leq 0.25$  EU/ml) was detected for the peptide-conjugated liposomes.

219

### 220 *Cytotoxicity*

221 The peptide-conjugated liposomes induced cytotoxicity in a log-linear manner (fig. 3). The  
222 activated HUVECs displayed the lowest level of cytotoxicity, followed by non-activated HUVECs  
223 and co-cultures of HUVECs and macrophages. Nevertheless, there was no difference in the  
224 cytotoxicity profile between the different peptide-conjugated liposomes in any of the cell culture  
225 models at the concentrations investigated. For all other experiments than the WST-1 assay we used  
226 a maximal concentration close to cytotoxicity (cytokine secretion;  $40 \mu\text{g}/\text{cm}^2$ ) or a sub-cytotoxic  
227 concentration (attachment/uptake;  $15.6 \mu\text{g}/\text{cm}^2$ )

228

### 229 *Inflammatory response*

230 The concentration of MIP-1 $\alpha$ , TNF- $\alpha$ , IL6, ICAM-1, VCAM-1, G-CSF and IL1- $\beta$  were measured in  
231 the supernatants of cell cultures after 24 hr exposure to the liposomes (figs. 4 and 5). A 24 h  
232 exposure for assessment of the inflammation response was used as earlier time points, i.e. 2 and 6  
233 hr, might be too early for production and detection of cytokine and cell adhesion molecule secretion  
234 in the cell culture supernatant. In general, the secretion of inflammatory cytokines by non-activated  
235 HUVECs was relatively low. These cytokines were slightly increased in the supernatant of activated  
236 HUVECs (3-4 fold as compared to non-activated HUVECs). The co-cultures of HUVECs and  
237 macrophages had substantially higher concentrations of cytokines in the supernatants (up to 100-  
238 fold), which are most likely originating from the macrophages. Importantly, the exposure to  
239 peptide-conjugated liposomes did not affect the secretion of cytokines in any of the cell culture  
240 models.

241

#### 242 *Targeting and uptake of liposomes by HUVECs*

243 The targeting and internalization of the peptide-conjugated liposomes were assessed by  
244 combination of flow cytometry, fluorescent microscopy and fluorometric determination of the  
245 concentration of peptide-liposome conjugates in the supernatant in the three cell cultures. Figure 6  
246 depicts a semi-quantitative analysis of the concentration of conjugates that remained in the  
247 supernatant of the cell cultures after 2 or 6 hr exposure. This particular experimental setup cannot  
248 distinguish between peptide-conjugated liposomes that have been internalized or merely attached to  
249 the cell membrane. Nevertheless, there was higher attachment or uptake of peptide-conjugated  
250 liposomes at 6 hr as compared to 2 hr. Liposomes with peptide **2** displayed the highest level of  
251 attachment or uptake in activated HUVECs. Liposomes with peptide **2** or **3** also displayed higher  
252 attachment or uptake in the co-culture as compared to liposomes with peptide **1**.

253 In an attempt to distinguish between attachment and uptake of liposomes in HUVECs and  
254 macrophages, we used fluorescence microscopy (fig. 7). However, it was inherently difficult to  
255 obtain clear two-dimensional images of co-cultures because HUVECs are flat on the surface of the  
256 microscope slide, whereas macrophages are round cells that attach on top of the endothelial cells.  
257 The fluorescent microscopy showed presence of liposomes (red colour in the images) in the  
258 perinuclear area of HUVECs after 2 hr exposure, indicating internalization of all types of peptide-  
259 conjugated liposomes. Due to the quality of the images it was not possible to quantitatively assess  
260 the uptake of peptide-conjugated liposomes. In the co-cultures, both HUVECs and macrophages  
261 displayed uptake of peptide-conjugated liposomes, but it was not possible to measure differences in  
262 the uptake of liposomes with different peptides or cell types.

263 A direct quantitative comparison of differences in the adhesion/uptake of peptide-conjugated  
264 liposomes was carried out by flow cytometry (fig. 8). This showed that the liposome with peptide **2**  
265 had higher fluorescent signal after 2 hr exposure as compared to liposomes with peptide **1** or **3**. It  
266 should be noted that the flow cytometry method in this study cannot distinguish between  
267 fluorescence signals from outside and inside cells. However, the collective experimental evidence  
268 from the fluorometric determination of peptide-liposome conjugates in the supernatant (fig. 6),  
269 fluorescence microscopy (fig. 7) and flow cytometry (fig. 8) indicates uptake of peptide-conjugated  
270 liposomes in activated HUVECs and THP-1 cells.

271

## 272 **Discussion**

273 The results from this study show that HUVECs had either a higher uptake of liposomes with  
274 peptide **2** as compared to liposomes with peptide **1** and **3**, or a faster uptake within the exposure  
275 period. Moreover, the targeting of peptide **2** was also observed in co-cultures of HUVECs and  
276 macrophages, indicating a somewhat robust delivery of the peptide-conjugated liposomes to

277 HUVECs in a pro-inflammatory environment where scavenging by activated macrophages may  
278 lead to inefficient targeting. The targeting of HUVECs with these peptide-conjugated cationic  
279 liposomes did not cause cytotoxicity or inflammation.

280 The present study allows for a direct comparison between two peptide-conjugated liposomes for  
281 targeting integrins under the exact same experimental conditions. It has been shown that HUVECs  
282 have a higher expression of integrin  $\alpha 5\beta 1$  than  $\alpha \nu\beta 3$  and  $\alpha \nu\beta 5$ , whereas other types of endothelial  
283 cells have a different expression of integrins [15, 16]. Both peptide **2** and **3** target the integrin  $\alpha \nu\beta 5$ ,  
284 indicating the difference between these peptides is mainly that peptide **3** has a competing binding to  
285 integrin  $\alpha \nu\beta 3$  (i.e. vitronectin receptor) and  $\alpha 5\beta 1$  (i.e. fibronectin receptor). The difference between  
286 peptide **2** and **3** suggests that the internationalization of peptide-conjugated liposomes via binding to  
287 the fibronectin receptor could be more effective than the vitronectin receptor. It is also possible that  
288 the affinity for binding to the specific receptors is higher for peptide **2** in comparison to peptide **3**. It  
289 should be noted that the peptides were lipidated for anchorage to liposomes. This type of  
290 hydrophobic association is less strong or stable than covalent bonding. However, detachment of the  
291 lipidated peptides from liposomes is chemically unfavourable in the aqueous environment of cell  
292 cultures.

293 During an inflammatory response, circulating human leukocytes are able to leave the blood and  
294 enter the site of injury by migration through endothelial and sub-endothelial matrices. The integrins  
295 on endothelial cells are heavily involved in this migration process together with cell adhesion  
296 molecules PECAM (CD31), ICAM-1, VCAM-1 and selectins [27]. Our results indicated enhanced  
297 binding/uptake of peptide-conjugated liposomes in activated HUVECs. It has been described that  
298 TNF- $\alpha$  activated HUVECs had increased uptake of anti-VCAM-Fab'-conjugated liposomes as  
299 compared to non-activated cells [28]. Other studies on IL-1 $\alpha$  activated HUVECs also showed  
300 enhanced uptake of liposomes that were coupled with antibodies against cell adhesion molecules on

endothelial cells [29, 30]. Activated macrophages engulf materials through binding to scavenger receptors. Thus, activated macrophages may compete with endothelial cells with regards to uptake of peptide-modified liposomes. In addition, there was uptake of liposomes with peptide **2** in HUVECs in the co-culture with activated macrophages. Liposomes with peptide **3** only showed uptake in the co-culture, indicating that it was mainly engulfment by macrophages. These reflections stem from observations in cultured cells, which is test system utilised in this study.. One of the on-going issues in nanomedicine is the effect of protein corona [31]. In this study the cell culture medium contain serum which is required for cell survival and growth.. Thus, the peptide-conjugated liposomes were most likely coated with a protein corona. Interestingly, it has been shown that a protein corona favours the internalization of liposomes by macrophages and tumour cells. [32]. Circulating nanoparticles in the blood stream are most likely coated with a protein corona, but selective targeting has been shown for cell adhesion molecule-conjugated liposomes that accumulated in the target tissue in a rat experimental model of myocardial infarction [33].

It has been previously demonstrated that administration of cationic liposomes may lead to activation of the innate immune system typified by the instigation of the complement system and strong myeloid inflammatory cell response [34, 35]. Moreover, at high dosage *in vivo*, cationic micelles have been demonstrated to cause inflammatory gene expression in lung, spleen and the liver, although there was no sign of toxicity with respect to routine pathology, histology and clinical chemistry end-points [36]. This cationic charge has also been shown to be associated with increased cellular toxicity [37, 38]. There is strong evidence that exposure to some types of carbon-based and metaloxide nanomaterials can increase the expression of ICAM-1 and VCAM-1 on the cell membrane of HUVECs [39-41]. This activation can lead to attachment between HUVECs and macrophages; the latter can be stimulated to accumulate lipids in the presence of carbon-based nanomaterials [42-44]. In this study a comprehensive investigation of potential adverse effects

325 following exposure of HUVECs and macrophages showed that the peptide-conjugated liposomes  
326 did not induce secretion of cell adhesion proteins (i.e. ICAM-1 and VCAM-1) or inflammatory  
327 response after 24 hr exposure at concentrations where adhesion/uptake to HUVECs were observed  
328 after 2 and 6 hr. However, it should also be emphasized that endothelial cells may not receive the  
329 highest exposure *in vivo* because large quantities of intravenously administrated particles  
330 accumulate in the liver [45].

331 In summary, the data here demonstrated liposomes modified with peptide **2** to be a promising  
332 targeting candidate for improved specific delivery to activated endothelial cells on the lumen-side  
333 of atherosclerotic plaques in the arterial tree. Liposomes with peptide **2** have potential for delivery  
334 of a payload of therapeutic and/or imaging agents to application site while sparing or at least  
335 minimising exposure of normal healthy tissues.

336 Despite being positively charged, the peptide-conjugated liposomes had negligible adverse  
337 immunogenic capacity and low-level of cytotoxicity to activated HUVECs and macrophages.

338

### 339 **Acknowledgements**

340 This work was supported by Lundbeck Foundation Center for Biomembranes in Nanomedicine  
341 (grant no: 0602-02331B), Danish Council of Independent Research (Medical Sciences, grant no.  
342 12-126262) and Villum Fonden (Center for Biomolecular Nanoscale Engineering). The authors  
343 declare no conflicts of interest.

344



## References

1. Narayanaswamy R, Wang T, Torchilin VP. Improving peptide applications using nanotechnology. *Curr Topics Med Chem* 2016; **16**: 253-270.
2. Li F, Jin L, He L, Deng Y, He NY. Nanoparticles applied for therapy and diagnosis in common diseases. *Sci Adv Materials* 2015; **7**: 2103-2122.
3. Scott RC, Crabbe D, Krynska B, Ansari R, Kiani MF. Aiming for the heart: targeted delivery of drugs to diseased cardiac tissue. *Expert Opinion on Drug Delivery* 2008; **5**: 459-470.
4. Bowey K., Tanguay JF, Tabrizian M. Liposome technology for cardiovascular disease treatment and diagnosis. *Expert Opinion in Drug Delivery* 2012; **9**: 249-265.
5. Hosta-Rigau L, Schattling P, Teo BM, Lynge ME, Stadler B. Recent progress of liposomes in nanomedicine. *J Materials Chem B* 2014; **2**: 6686-6691.
6. Xu LQ, Yu H, Yin SP, Zhang RX, Zhou YD, Li J. Liposome-based delivery systems for ginsenoside Rh2: *in vitro* and *in vivo* comparisons. *J Nanopart Res* 2015; **10**: 415.
7. Zhang ZP, Mei L, Feng SS. Paclitaxel drug delivery systems. *Expert Opinion on Research delivery* 2013; **10**: 325-340.
8. Lestini BJ, Sagnella SM, Xu Z, Shive MS, Richter NJ, Jayaseharan J, Case AJ, Kotte-Marchant K, Anderson JM, Marchant RE. Surface modification of liposomes for selective cell targeting in cardiovascular drug delivery. *Journal of Controlled Release* 2002; **78**: 235-247.
9. Torchilin VP. Recent advances with liposomes as pharmaceutical carriers. *Nature Reviews Drug Discovery* 2005; **4**: 145-160.
10. Ng EWM, Shima DT, Calias P, Cunningham ET, Guyer DR, Adamis AP. Pegaptanib, a targeted anti-VEGF for ocular vascular disease. *Nature Reviews Drug Discovery* 2006; **5**: 123-132.
11. Farjo KM, Ma JX. The potential of nanomedicine therapies to treat neovascular disease in the retina. *Journal of Angiogenesis Research* 2010; **2**: 21.
12. Gilad Y, Noy E, Senderowitz H, Albeck A, Firer MA, Gellerman G. Synthesis, biological studies and molecular dynamics of new anticancer RGD-based peptide conjugates for targeted drug delivery. *Bioorganic and Medicinal Chemistry* 2016; **24**: 294-303.
13. Hamano N, Negishi Y, Fujisawa A, Manandhar M, Sato H, Katagiri F, Nomizu M, Aramaki Y. Modification of the C16Y peptide on nanoparticles is an effective approach to target endothelial and cancer cells via the integrin receptor. *Int J Pharmaceutics* 2012; **428**: 114-117.

14. Mekuria SL, Debele TA, Chou HY, Tsia HC. IL-6 antibody and RGD peptide conjugated Poly(amidoamine) dendrimer for targeted drug delivery of HeLa cells. *The Journal of Physical Chemistry B* 2016; **120**: 123-130.
15. Short SM, Talbott GA, Juliano RL. Integrin-mediated signaling events in human endothelial cells. *Mol Biol Cell* 1998; **9**: 1969-1980.
16. Baranska P, Jerczynska H, Pawlowska Z, Koziolkiewicz W, Cierniewski C. Expression of integrins and adhesive properties of human endothelial cell line EA.hy 926. *Cancer Genomics Proteomics* 2005; **2**: 265-270.
17. Weis SM, Cheresh DA.  $\alpha_v$  integrins in angiogenesis and cancer. *Cold Spring Harbour Perspectives in Medicine* 2011; **1**: a006478.
18. Caccavari F, Valdembri D, Sandri C, Bussolino F, Serini G. Integrin signaling and lung cancer. *Cell Adhesion and Migration* 2010; **4**: 124-129.
19. Li R, Luo M, Ren M, Chen N, Xia J, Deng X, Zeng M, Yan K, Luo T, Wu J. Vitronectin regulation of vascular endothelial growth factor-mediated angiogenesis. *Journal of Vascular Research* 2014; **51**: 110-117.
20. Sroka IC, Anderson TA, McDaniel KM, Nagle RB, Gretzer MB, Cress AE. The laminin binding integrin  $\alpha 6 \beta 1$  in prostate cancer perineural invasion. *Journal of Cellular Physiology* 2010; **224**: 283-288.
21. Veevers-Lowe J, Ball SG, Shuttleworth A, Kielty CM. Mesenchymal stem cell migration is regulated by fibronectin through  $\alpha 5 \beta 1$ -integrin-mediated activation of PDGFR- $\beta$  and potentiation of growth factor signals. *Journal of Cell Science* 2011; **124**: 1288-1300.
22. Shi Q, Wang J, Wang XL, VandeBerg JL. Comparative analysis of vascular endothelial cell activation by TNF-alpha and LPS in humans and baboons. *Cell Biochemistry and Biophysics* 2004; **40**: 289-303.
23. Klingberg H, Loft S, Oddershede LB, Møller P. The influence of flow, shear stress and adhesion molecule targeting on gold nanoparticle uptake in human endothelial cells. *Nanoscale* 2015; **7**: 11409-11419.
24. Klingberg H, Oddershede LB, Loeschner K, Larsen EH, Loft S, Møller P. Uptake of gold nanoparticles in primary human endothelial cells. *Toxicol Res* 2015; **4**: 655-666.
25. Hemmingsen JG, Møller P, Nojgaard JK, Roursgaard M, Loft S. Oxidative stress, genotoxicity, and vascular cell adhesion molecule expression in cells exposed to particulate matter from combustion of conventional diesel and methyl ester biodiesel blends. *Environ Sci Technol* 2011; **45**: 8545-8551.

26. Frikke-Schmidt H, Roursgaard M, Lykkesfeldt J, Loft S, Nøjgaard JK, Møller P. Effect of vitamin C and iron chelation on diesel exhaust particle and carbon black induced oxidative damage and cell adhesion molecule expression in human endothelial cells. *Toxicol Lett* 2011; **203**: 181-189.
27. Seguin J, Nicolazzi C, Mignet N, Scherman D, Chabot GG. Vascular density and endothelial cell expression of integrin alpha v beta 3 and E-selectin in murine tumours. *Tumour Biology* 2012; **33**: 1709-1717.
28. Kang DI, Lee S, Lee JT, Sung BJ, Yoon JY, Kim JK, Chung J, Lim SJ. Preparation and in vitro evaluation of anti-VCAM-1-Fab'-conjugated liposomes for the targeted delivery of the poorly water-soluble drug celecoxib. *J Microencapsul.* 2011; **28**: 220-7.
29. Gunawan RC, Auguste DT. The role of antibody synergy and membrane fluidity in the vascular targeting of immunoliposomes. *Biomaterials.* 2010; **31**: 900-7.
30. Gunawan RC, Auguste DT. Immunoliposomes that target endothelium in vitro are dependent on lipid raft formation. *Mol Pharm.* 2010; **7**: 1569-75.
31. Caracciolo, G. Liposome–protein corona in a physiological environment: Challenges and opportunities for targeted delivery of nanomedicines. *Nanomedicine: Nanotechnology, Biology, and Medicine.* 2015; **11**: 543–557.
32. Corbo C, Molinaro R, Taraballi F, Toledano Furman NE, Sherman MB, Parodi A, Salvatore F, Tasciotti E. Effects of the protein corona on liposome-liposome and liposome-cell interactions. *Int J Nanomedicine.* 2016; **11**: 3049-63.
33. Scott RC, Wang B, Nallamotheu R, Pattillo CB, Perez-Liz G, Issekutz A, Del Valle L, Wood GC, Kiani MF. Targeted delivery of antibody conjugated liposomal drug carriers to rat myocardial infarction. *Biotechnol Bioeng.* 2007; **96**: 795-802.
34. Battaglia L, Gallarate M. Lipid nanoparticles: state of the art, new preparation methods and challenges in drug delivery. *Expert Opinions in Drug Delivery* 2012; **9**: 497-508.
35. Bozzuto G, Molinar A. Liposomes as nanomedical devices. *International Journal of Nanomedicine* 2015; **10**: 975-999.
36. Knudsen KB, Northeved H, Kumar PE, Permin A, Gjetting T, Andersen TL, Larsen S, Wegener KM, Lykkesfeldt J, Jantzen K, Loft S, Møller P, Roursgaard M. In vivo toxicity of catotonic micelles and liposomes. *Nanomedicine* 2015; **11**: 467-477.
37. Iwaoka S, Nakamura T, Takano S, Tsuchiya S, Aramaki Y. Cationic liposomes induce apoptosis through p38 MAP kinase-caspase-8 Bid pathway in macrophage-like RAW264.7 cells. *Journal of Leukocyte Biology* 2006; **79**: 184-191.
38. Lv H, Zhang S, Wang S, Cui S, Yan J. Toxicity of cationic lipids and cationic polymers in gene delivery. *Journal of Controlled Release* 2006; **114**: 100-109.

39. Mikkelsen L, Jensen KA, Koponen IK, Saber AT, Wallin H, Loft S, Vogel U, Møller P. Cytotoxicity, oxidative stress and expression of adhesion molecules in human umbilical vein endothelial cells exposed to dust from paints with or without nanoparticles. *Nanotoxicology* 2013; **7**: 117-134.
40. Vesterdal LK, Mikkelsen L, Folkmann JK, Sheykhzade M, Cao Y, Roursgaard M, Loft S, Møller P. Carbon black nanoparticles and vascular dysfunction in cultured endothelial cells and artery segments. *Toxicol Lett* 2012; **214**: 19-26.
41. Forchhammer L, Loft S, Roursgaard M, Cao Y, Riddervold IS, Sigsgaard T, Møller P. Expression of adhesion molecules, monocyte interactions and oxidative stress in human endothelial cells exposed to wood smoke and diesel exhaust particulate matter. *Toxicol Lett* 2012; **209**: 121-128.
42. Cao Y, Jacobsen NR, Danielsen PH, Lenz AG, Stoeger T, Loft S, Wallin H, Roursgaard M, Mikkelsen L, Møller P. Vascular effects of multi-walled carbon nanotubes in dyslipidemic ApoE<sup>-/-</sup> mice and cultured endothelial cells. *Toxicol Sci* 2014; **138**: 104-116.
43. Cao Y, Roursgaard M, Danielsen PH, Møller P, Loft S. Carbon black nanoparticles promote endothelial activation and lipid accumulation in macrophages independently of intracellular ROS production. *PLoS One* 2014; **9**: e106711.
44. Cao Y, Roursgaard M, Jacobsen NR, Møller P, Loft S. Monocyte adhesion induced by multi-walled carbon nanotubes and palmitic acid in endothelial cells and alveolar-endothelial co-cultures. *Nanotoxicology* 2016; **10**: 235-244.
45. Kermanizadeh A, Balharry D, Wallin H, Loft S, Møller P. Nanomaterial translocation - the biokinetics, tissue accumulation, toxicity and fate of materials in secondary organs - a review. *Critical Reviews in Toxicology* 2015; **45**: 837-872.

519 **Legends to figures**

520

521 **Fig 1.** Schematic representation of the applied synthesis strategy for the selected peptides: 1. Fmoc  
522 deprotection of the resin followed by SPPS. 2. Selective Alloc deprotection. 3. Lipidation of the Lys  
523 residue via amide coupling 4. Fmoc deprotection of the N-terminal. 5. Fluorescent tagging of the N-  
524 terminal by amide coupling of ATTO465. 6. Deprotection and release of the final peptide product.

525

526 **Fig 2.** The peptides utilised for targeting of activated endothelial cells. The regions important for  
527 the targeting and recognition of receptors on the cells are highlighted in red (DFKLFAVYIKYR for  
528 peptide **2** and RGD for peptide **3**). Peptide **1** contains a scrambled sequence of amino acids without  
529 specific targeting to receptors on endothelial cells.

530

531 **Fig 3.** Cytotoxicity of peptide-conjugated liposomes in non-activated HUVECs (a), activated  
532 HUVECs (b) or co-cultures of HUVECs and macrophages (c). The cells were exposed to cell  
533 medium (C) or peptide-conjugated liposomes for 24 hr. The graphs show results of liposomes with  
534 peptide **1** (blue, diamonds), **2** (red, squares) or **3** (green, triangles). The cytotoxicity measured via  
535 WST-1 assay. The values depict the mean  $\pm$  SEM (n=3).

536

537 **Fig 4.** Cytokine secretion following exposure to peptide-conjugated liposomes. The cells were  
538 exposed to cell medium as the negative control (Cont) or increasing concentrations of the peptide-  
539 conjugated liposomes for 24 hr. The bars show results of liposomes with peptide **1** (blue), **2** (red) or  
540 **3** (green). Missing bars are due to undetectable concentrations of cytokines. The values represent  
541 the mean  $\pm$  SEM (n=3).

542

543 **Fig 5.** Secretion of ICAM-1 and VCAM-1 following exposure to peptide-conjugated liposomes.  
544 The cells were exposed to cell medium as the negative control (Cont) or increasing concentrations  
545 of the peptide-conjugated liposomes for 24 hr. The bars show results of liposomes with peptide **1**  
546 (blue), **2** (red) or **3** (green). Missing bars are due to undetectable concentrations of cell adhesion  
547 molecules. The values represent the mean  $\pm$  SEM (n=3).

548

549 **Fig 6.** Uptake of peptide-conjugated liposomes by non-activated HUVECs, activated HUVECs and  
550 a co-culture of macrophages and HUVECs. The cells were exposed to ( $15.6 \mu\text{g}/\text{cm}^2$ ) of the peptide-  
551 modified liposomes for 2 and 6 hr before the supernatant was removed, transferred to a fresh plate  
552 and fluorescence measured. For the control, the peptide-conjugated liposomes were incubated in  
553 empty wells before the above procedure was repeated. The percentage is the ration between  
554 fluorescence in the cell culture supernatant and fluorescence in the same volume of peptide-  
555 conjugated liposome suspension without cells. The values represent the mean  $\pm$  SEM (n=3) with  
556 significance indicated by \* $P < 0.05$  and \*\* $P < 0.005$  as compared to the liposomes modified with  
557 peptide **1** at the particular time-point.

558

559 **Fig 7.** Fluorescent microscopy images of liposome uptake following 2 hr exposure to liposomes  
560 with peptide **1** (a, b), **2** (c, d) or **3** (e, f) ( $15.6 \mu\text{g}/\text{cm}^2$ ) to activated HUVECs (a, c, e) or co-culture of  
561 macrophages and HUVECs (b, d, f) (scale bar -  $25 \mu\text{m}$ ). Red spots (i.e. liposomes) can be seen in  
562 the perinuclear region of HUVECs, whereas it is not possible to discern differences in the uptake of  
563 different liposomes. Macrophages are visible on top of the HUVECs. Uptake of peptide-conjugated  
564 liposomes in macrophages is difficult to see in these images because they are focussed on HUVECs,  
565 which gives the round macrophages a bright light from the curved cell membrane.

566

567 **Fig 8.** Flow cytometric analysis of cell-associated fluorescence. Activated HUVECs were incubated  
568 with 15.6  $\mu\text{g}/\text{cm}^2$  of liposomes with peptide **1** (black), **2** (red) or **3** (blue) for 2 hr. The values  
569 represent mean fluorescence from 10000 cells per treatment  $\pm$  SEM (n=3), significance indicated by  
570 \* =  $p < 0.05$  as compared to the liposomes modified with peptide **1**. The insert shows an example of  
571 the flow cytometry analysis with the number of cells (y-axis) as the function of fluorescence in the  
572 cell (x-axis). A total of  $10^4$  cells have been analysed for each peptide-conjugated liposome.

573 **Table 1.** Particle size of unconjugated liposomes freshly prepared (measured within 2 hr of  
574 extrusion) or after 3 months incubation at 4°C after the extrusion step.

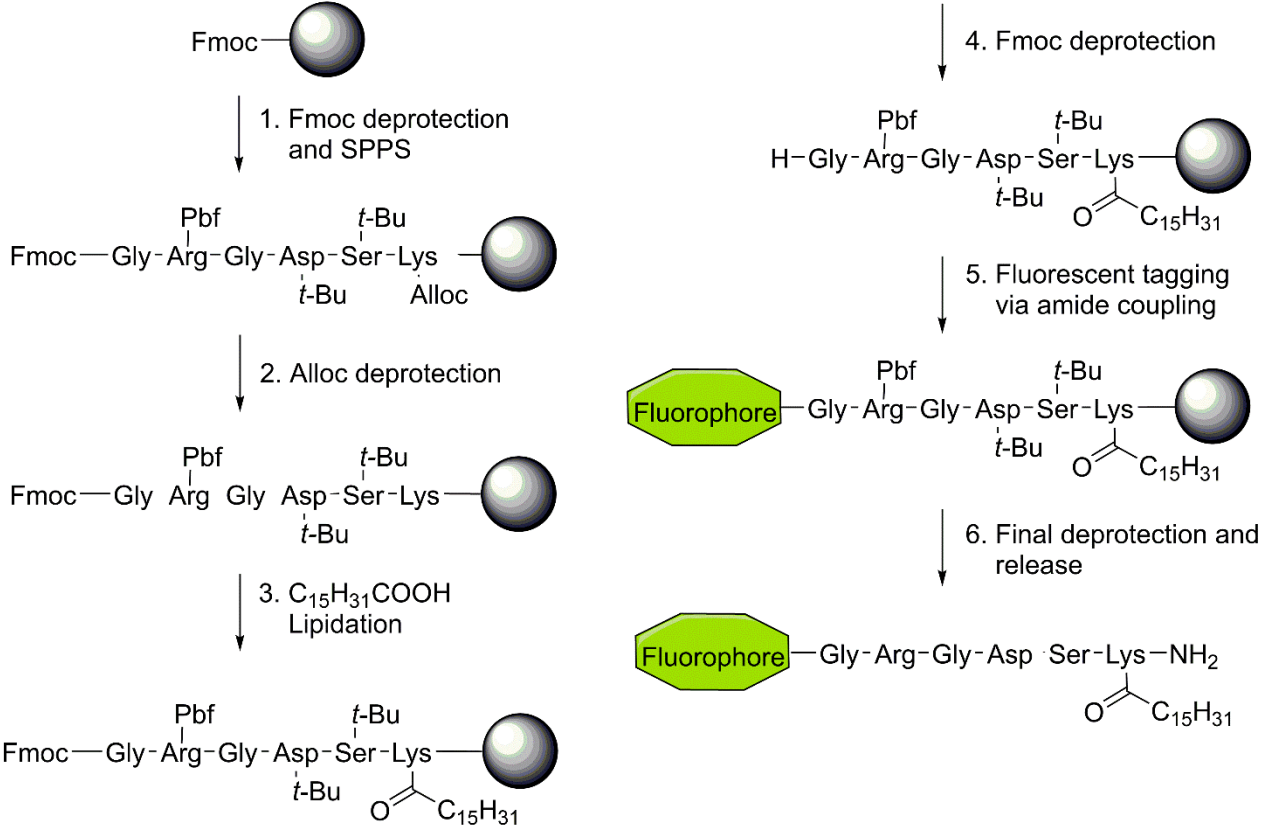
	<b>Liposome size of fresh samples</b>			<b>Liposome size after 3 months</b>	
	<b>Mean (nm)</b>	<b>Mode (nm)</b>	<b>Zeta potential (mV)</b>	<b>Mean (nm)</b>	<b>Mode (nm)</b>
<b>Filtered water</b>	73.7 ± 11.4 (3)	55.7 ± 7 (3)	ND	95.6 ± 20.7 (3)	74.6 ± 18.6 (3)
<b>PBS</b>	117.3 ± 16.7 (6)	107.1 ± 21.8 (6)	21.9 (1)	133.7 ± 31.4 (3)	128.4 ± 21.7 (3)
<b>Complete HUVEC medium</b>	204.6 ± 37.4 (6)	203 ± 41.2 (6)	ND	254.1 ± 59.1(3)	216.6 ± 23.5 (3)

575 The Nanosight analysis measured particle sizes in suspensions in the range between 10 and 1000  
576 nm. The “mean” is the average particle size of the suspension, whereas the “mode” is the size of the  
577 most abundant particle size. The results are mean and SEM (number of independent experiments).  
578 The Zeta potential is the charge of the particles. ND: not determined.

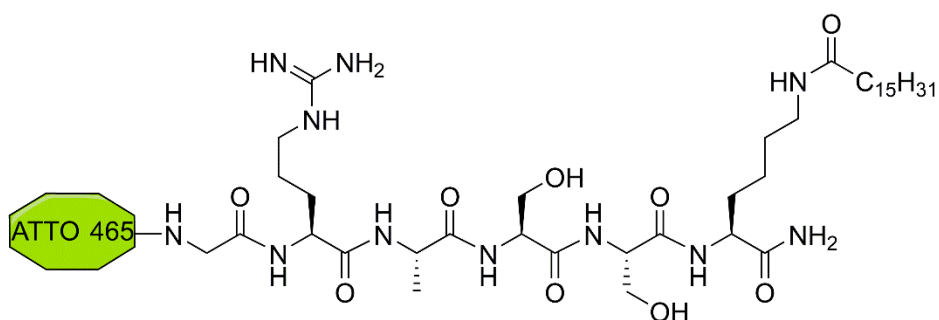
579



580 Fig.1.



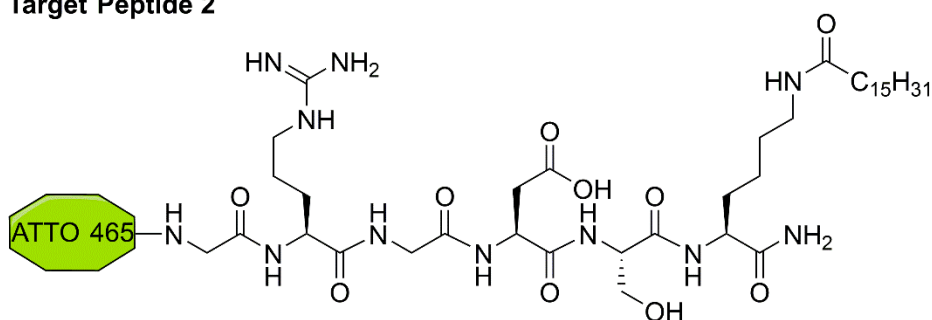
583 Fig. 2.



**Target Peptide 1:** ATTO465 - Gly - Arg - Ala - Ser - Ser - Lys(Palm) - NH<sub>2</sub>



**Target Peptide 2**

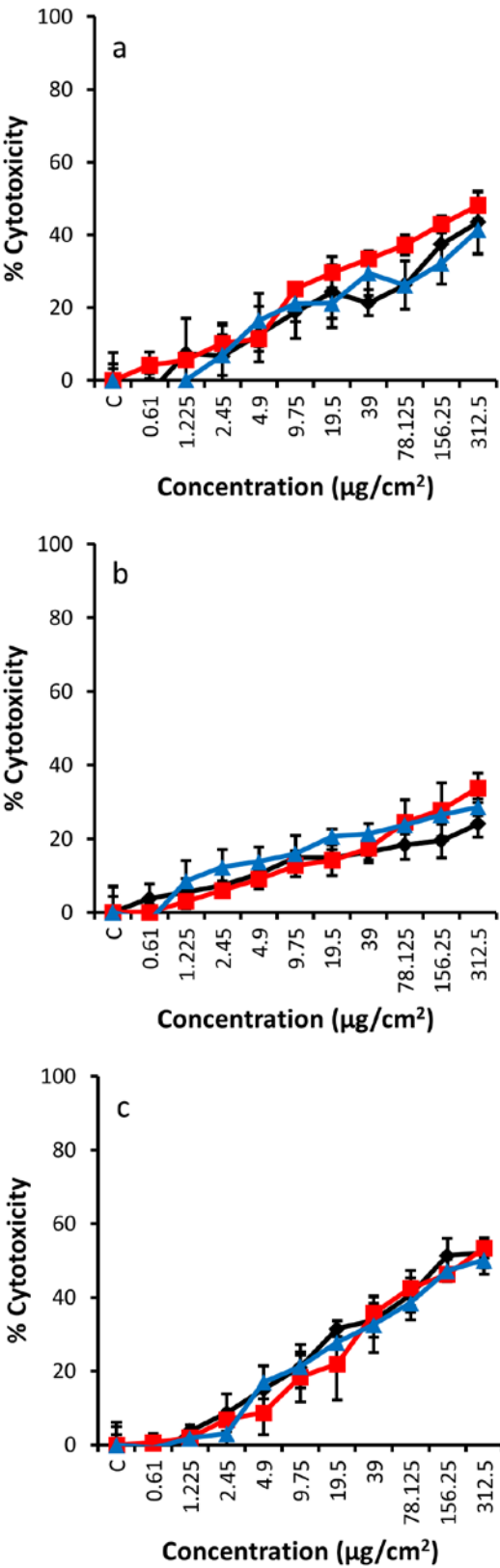


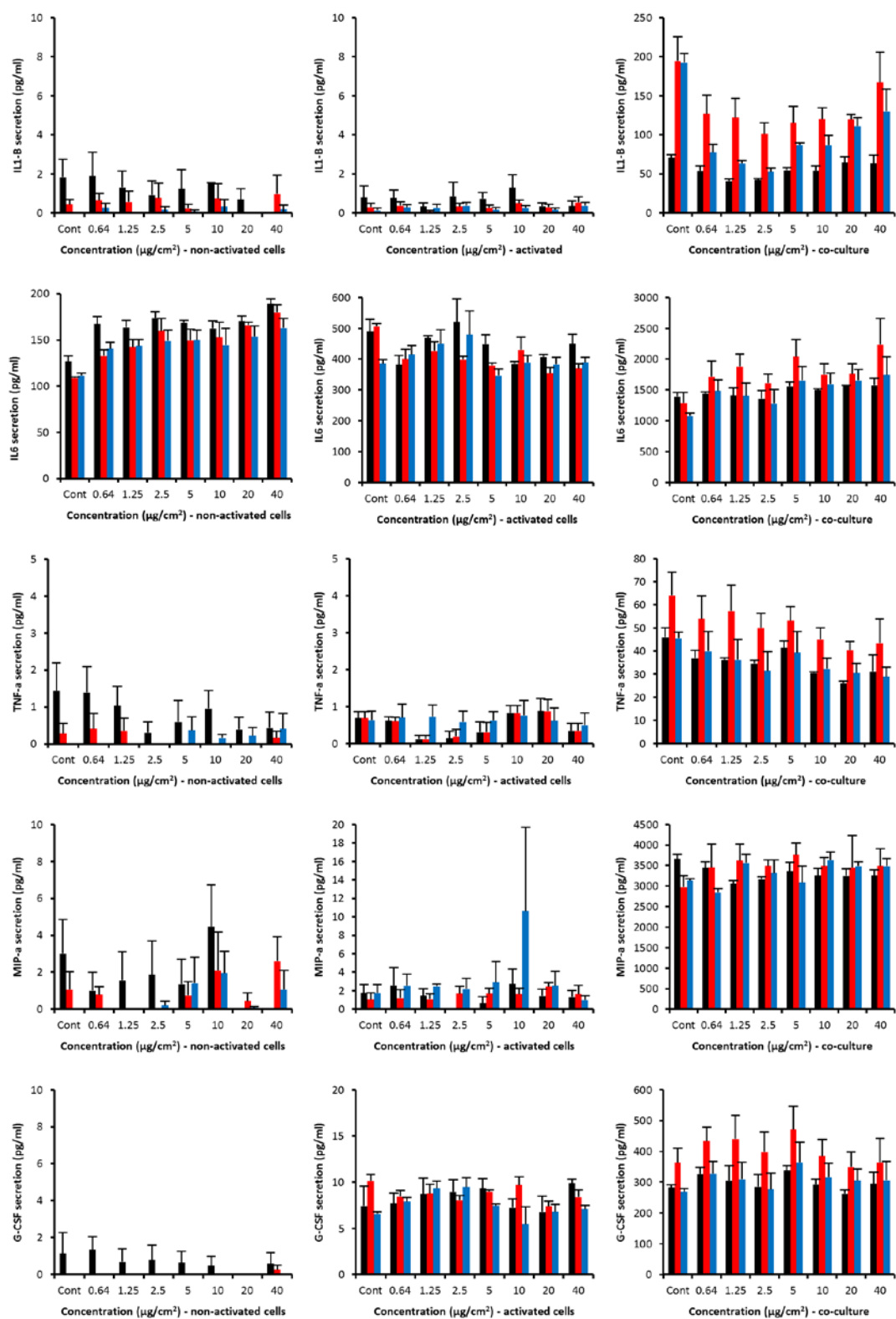
**Target Peptide 3:** ATTO465 - Gly - Arg - Gly - Asp - Ser - Lys(Palm) - NH<sub>2</sub>

584

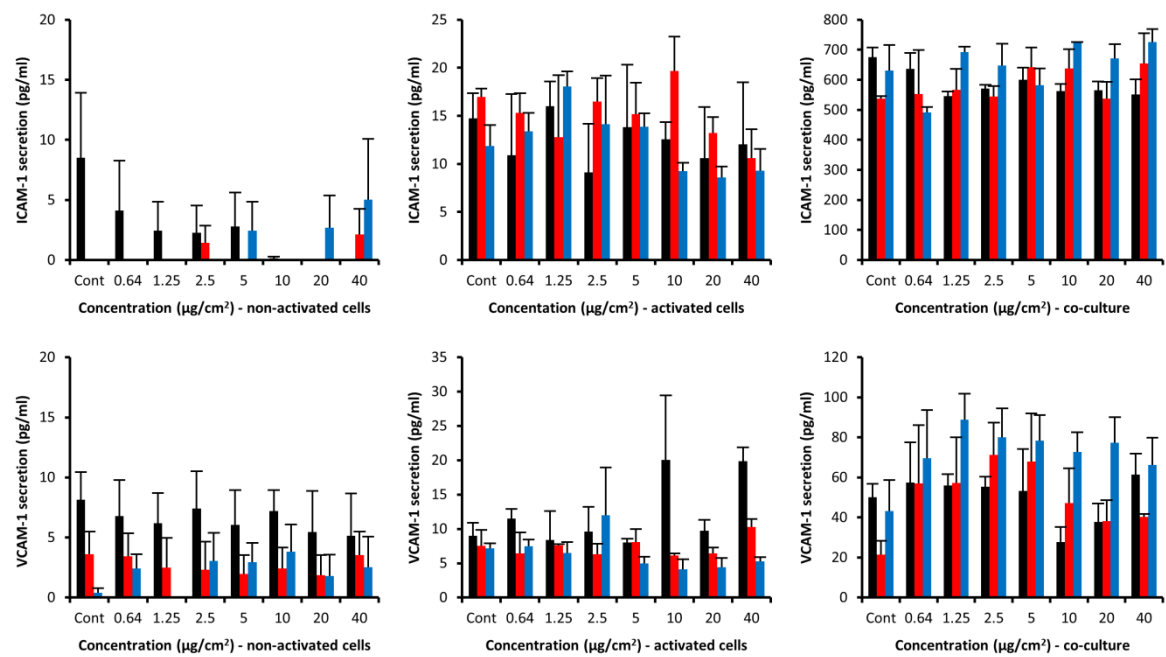
585

586 Fig. 3.





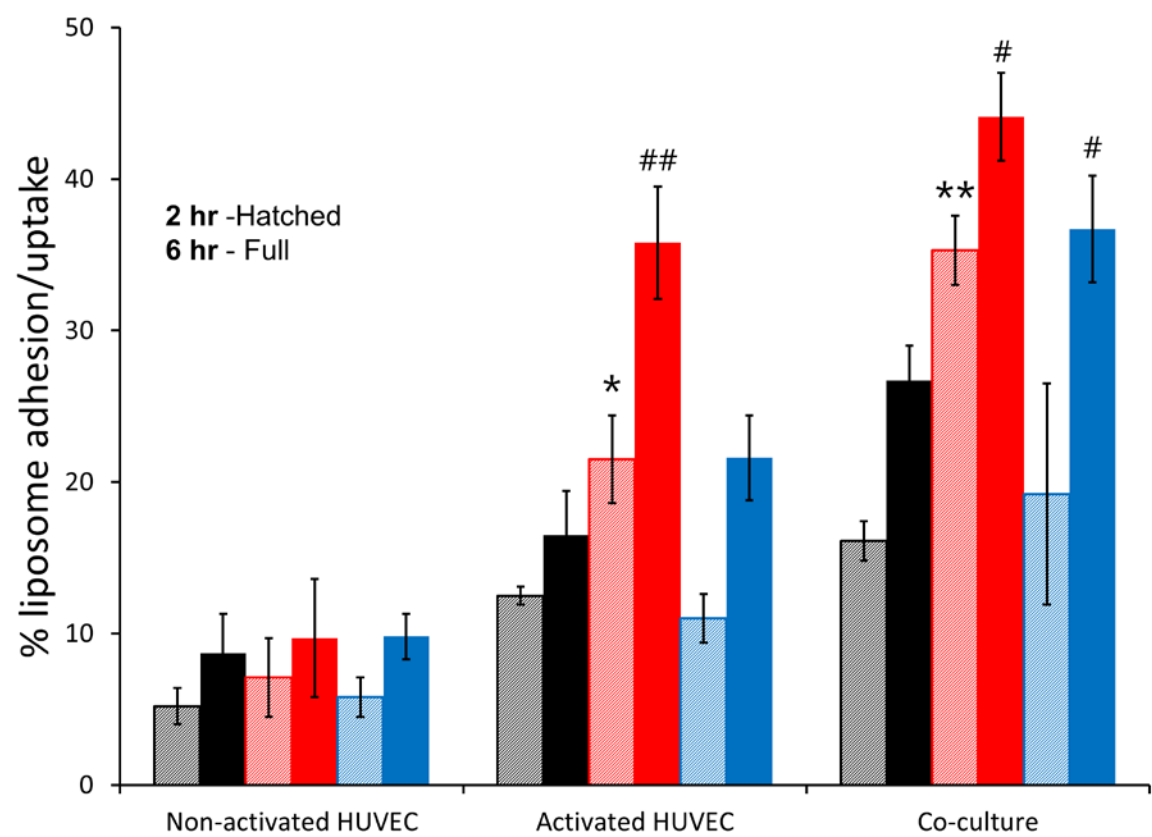
590 Fig. 5.



591

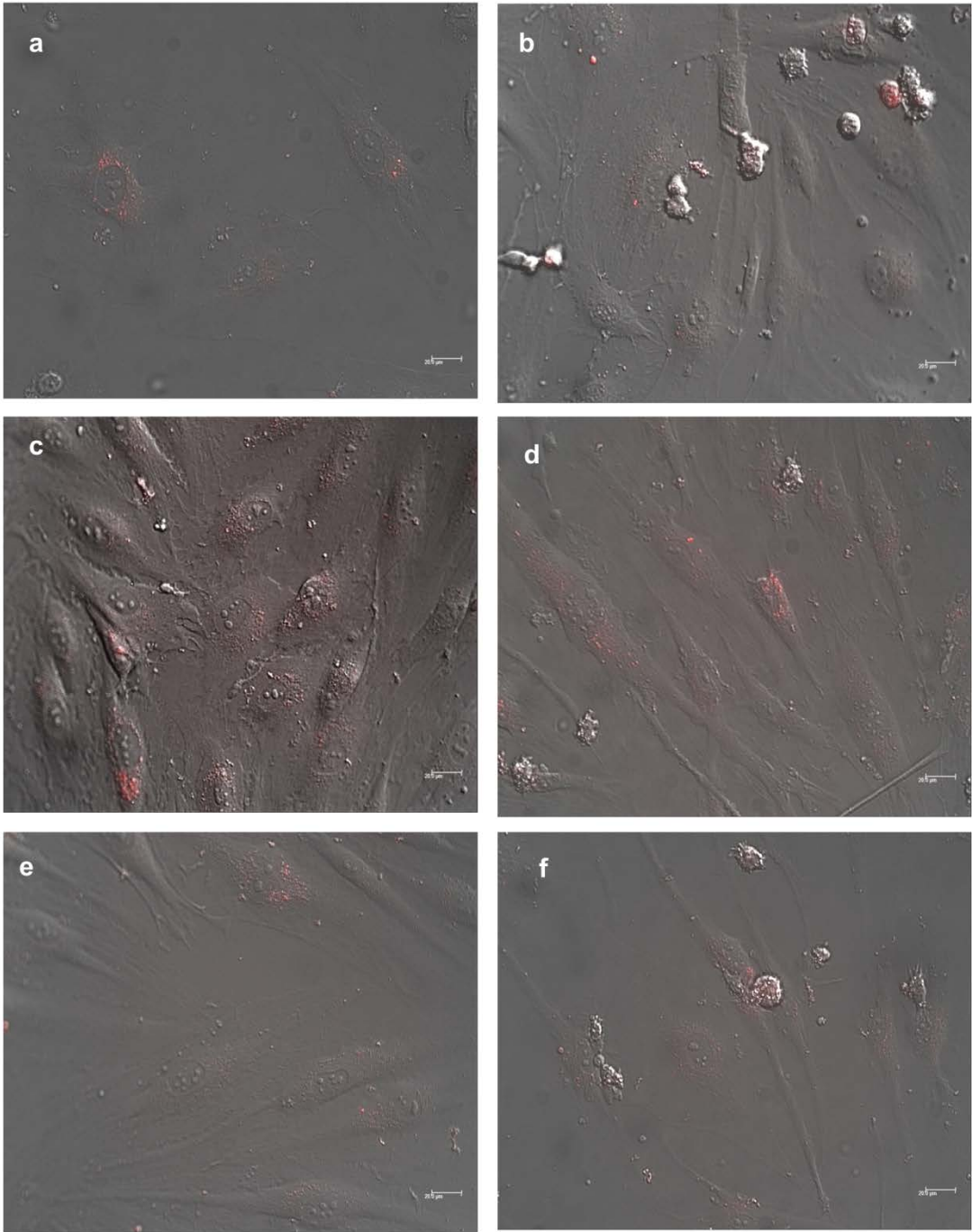
592

593 Fig. 6.



594

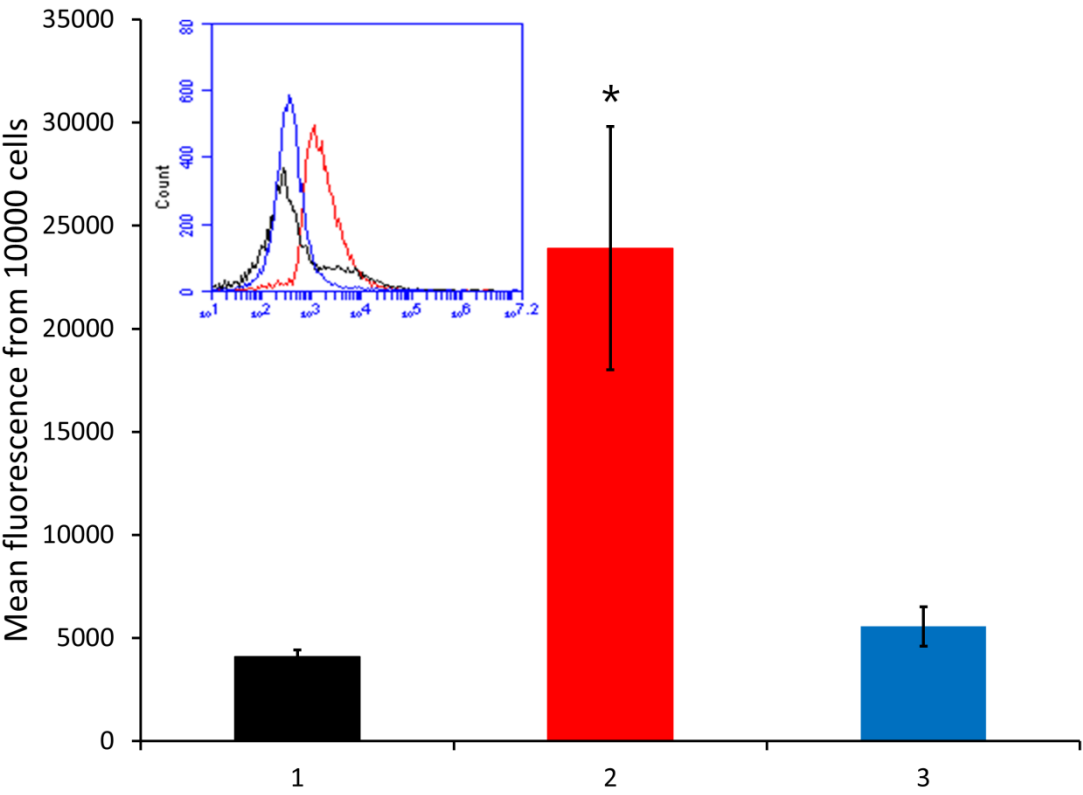
595 Fig. 7.



596

597

598 Fig. 8.



599